



Emergency action guidelines for athletes and coaches

- 1) The first observer of an incident should raise the alarm and broadcast amongst crew confirming the incident (direction, location, sail number).
- 2) Sailors involved in an incident shall provide immediate lifesaving procedures and/or extrication of injured from wreckage (if required).
- 3) Once injured persons are freed from wreckage above the water line or cannot be performed wave both arms to indicate immediate help is required.
- 4) If you do not have a radio or loudhailer, notify the nearest event personnel who does.
- 5) Via VHR radio, alert race officer stating clearly “Emergency, emergency,” and provide a brief incident report, including where known:
 - (a) What has happened
 - (b) Where is the incident
 - (c) Number of boats
 - (d) Number of casualties
 - (e) Severity of injuries
 - (f) Any support required
- 6) As soon as the incident is reported, all stations on the radio network must minimize the radio traffic.
- 7) Absolute priority to be given to the Race Officer and Safety Team.
- 8) Continue to listen to the radio, the Race Officer may dispatch you to respond.
- 9) Approach all boats with caution.
- 10) Proceed to take any immediate life-saving measures within your competence. *NOTE** remember that it is counter-productive for rescuers to get into difficulties which could hamper the rescue operation.*
- 11) First arriving event boat at the scene of an incident is to take initial control.
- 12) Once the Safety Boat arrives hand over any casualties to the paramedic and prepare to receive direction from the Safety Crew.
- 13) As soon as immediate life saving measures are in hand, update the Race Officer via radio. Provide an update to the earlier incident report.
- 14) Prevent further accidents, the Race Officer may stop racing and control crews as appropriate.
- 15) If not done already, the Race Officer will dispatch the safety boat to any serious incident. Once the safety boat has arrived on site and been briefed, the Safety Boat becomes the controller for the incident and will co-ordinate the rescue.
- 16) The Safety Boat Skipper will summon additional emergency support via VHF radio
- 17) For medical assistance, the Safety Boat Paramedic will use TMR Mutual Aid to coordinate resources.
- 18) If for whatever reasons the safety boat is unavailable, the Race Officer is to call 911 to activate appropriate resources. The Race Officer may delegate this.
- 19) If radio communications fail during an incident, race staff will alert Safety Boat via loudhailer, or failing that mobile telephone, using the list of numbers of key personnel provided to all race officials.
- 20) If radio communication fails during the event, the Race Officer will agree a course of action, which may be to suspend the events until the problem is resolved.



ON-LAND EMERGENCY ACTION GUIDELINE

MEDICAL EMERGENCIES

- 1) The first observer of an incident should raise the alarm and broadcast amongst volunteer network confirming the incident location and type of emergency.
- 2) If you do not have a radio notify the nearest event personnel who does.
- 3) Via VHF radio 69, alert on-land paramedic clearly and provide a brief incident report, including where known:
 - (a) What has happened
 - (b) Where is the incident
 - (c) Severity of injuries
 - (d) Any support required
- 4) As soon as the incident is reported, all stations on the radio network must minimize the radio traffic.
- 5) Absolute priority to be given to the event staff and paramedic managing onsite emergency.
- 6) If the on-site paramedic cannot be reached, check at the Safety Office or Administration Building.
- 7) A first-aid kit and AED is at the safety office if required.
- 8) Event staff to take any immediate life-saving measures within your competence.
- 9) First arriving event staff at the scene of an incident is to take initial control.
- 10) Once the on-land paramedic arrives hand over care.
- 11) As soon as immediate life saving measures are in hand, update beachmaster of incident.
- 12) Prevent further accidents, the Beachmaster may make changes in procedures or restrict access to an unsafe area.
- 13) The on-land paramedic will summon additional emergency responses support via TMR radio.
- 14) If for whatever reasons the on-land paramedic is unavailable, the event staff are to call 911 to activate appropriate resources.
- 15) The on-land paramedic will remain with the injured party until issue is resolved or transport by ambulance is complete.