

# SAILING COURSE TIMES

49er

WINDWARD / LEEWARD COURSE

Target Time 30 minutes

Wind Range	5 - 8 Knots				8 - 12 Knots				12 - 15 Knots				15+ Knots			
	15 mins/m		Up Time (mins)	Down Time (mins)	12 mins/m		Up Time (mins)	Down Time (mins)	10 mins/m		Up Time (mins)	Down Time (mins)	10 mins/m		Up Time (mins)	Down Time (mins)
	10 mins/m				7 mins/m				6 mins/m				6 mins/m			
	L2	L3	L2	L3	L2	L3	L2	L3	L2	L3						
0.3	15.0	22.5	4.5	3.0	11.4	17.1	3.6	2.1	9.0	13.5	2.9	1.7	9.3	14.0	3.0	1.7
0.4	20.0	30.0	6.0	4.0	15.2	22.8	4.8	2.8	12.0	18.0	3.8	2.2	12.4	18.6	4.0	2.2
0.5	25.0	37.5	7.5	5.0	19.0	28.5	6.0	3.5	15.0	22.5	4.8	2.8	15.5	23.3	5.0	2.8
0.6	30.0	45.0	9.0	6.0	22.8	34.2	7.2	4.2	18.0	27.0	5.7	3.3	18.6	27.9	6.0	3.3
0.7	35.0	52.5	10.5	7.0	26.6	39.9	8.4	4.9	21.0	31.5	6.7	3.9	21.7	32.6	7.0	3.9
0.8	40.0	60.0	12.0	8.0	30.4	45.6	9.6	5.6	24.0	36.0	7.6	4.4	24.8	37.2	8.0	4.4
0.9	45.0	67.5	13.5	9.0	34.2	51.3	10.8	6.3	27.0	40.5	8.6	5.0	27.9	41.9	9.0	5.0
1.0	50.0	75.0	15.0	10.0	38.0	57.0	12.0	7.0	30.0	45.0	9.5	5.5	31.0	46.5	10.0	5.5
1.1	55.0	82.5	16.5	11.0	41.8	62.7	13.2	7.7	33.0	49.5	10.5	6.1	34.1	51.2	11.0	6.1
1.2	60.0	90.0	18.0	12.0	45.6	68.4	14.4	8.4	36.0	54.0	11.4	6.6	37.2	55.8	12.0	6.6